

Dear Friends, Family and Colleagues,

I am participating in the **2024 Ski ALS**, a fun and special event at Mt. Hood Meadows that raises critical funding for the mission of ALS Northwest.

As you might already know, ALS is a terminal disease affecting an American and their family every 90 minutes. It can affect anyone and gives a once healthy person only two to five years to live, on average, after diagnosis. Its fast and its cruel. At this time, there is no cure. **But, we can make a difference and do our part in finding one.**

Please consider making a tax-deductible donation, of any amount, by clicking here: [insert personal website](#). Feel good knowing your generosity impacts the lives of others.

Everything ALS Northwest does advances the search for effective treatments and a cure. ALS Northwest leads the way in global research, provides critical assistance for people with living ALS, coordinates multidisciplinary care through certified clinical care centers, and fosters government partnerships.

Throughout the State of Oregon and the six counties of SW Washington, ALS Northwest exists to provide critical programs and care services, *free of charge*, such as, but not limited to:

- On-staff Care Services Coordinators who offer individual support and home visits to assess needs, suggest equipment, connect with local resources and help families plan.
- ALS Northwest Certified Centers of Excellence and Clinic partnerships with Providence Brain & Spine Institute, Portland VA Health System, OHSU, Kaiser Permanente, St. Charles Health System, The Center and Asante Health System.
- Medical Equipment Program in partnership with Numotion and Norco Medical to loan equipment to aid in daily living activities and with mobility.
- Grant Program that funds a myriad of reimbursable, ALS-related expenses such as respite care, counseling, co-pays for healthcare costs, home modifications, and more.
- Monthly Support Group Program for people living with ALS, family members, and friends.
- Support and resources for children, in partnership with The Dougy Center, who have ALS in their families.

Help us reach our team goal of raising \$X,XXX. It's a passionate and dedicated group of people that I am honored to be a part of. **Join me, and together we can help make this the biggest year yet for the Ski ALS.**

Thank you very much for your support and please feel free to forward this email to your network of friends and family! The more awareness, the more funding, the better!

Kind Regards,

[Insert Name](#)